Thus, insertion stop location 26e is illustrated as coinciding with the beginning of flare 18, in FIG. 3. In similar embodiments in which the sheathed catheter assembly has no free end, or substantially no free end, the sheath attachment point essentially coincides with end 32 of catheter 10, or it may be merely 1 mm to a few millimeters back from the outlet 32. For instance, a free end 36e of only about 2 mm is adequate in many situations of use to facilitate urine collection in a conventional disposable tray, and to facilitate catching a sterile urine specimen in a conventional specimen container. When there is no free end, the sheath attachment point preferably serves the above-described purpose of resting stably on the urine receptacle while the bladder drains, or it provides a convenient grasping area for attaching the outlet 34 to a collection bag, or for cooperating with another urine disposal means. To facilitate those purposes, a tapered sheath may be preferred.

[0038] A feature of many of the above-described variations of the sheathed catheter assembly, is that, regardless of the chosen configuration of the catheter tip end of the assembly, at least the urethra-insertable portion of the catheter is covered, to prevent contamination and urinary tract infections. In some variations, the catheter tip end of the assembly initially protrudes from the sheath, to facilitate application of a lubricant gel. An advantageous feature of each embodiment of the catheter assembly is that the sheath does not extend beyond the urine outlet end 32 of the catheter 10, leaving end 32 free to allow urine to drain out into the tray for accurate measurement and/or to drain into a urine collection container. This configuration ensures that no urine will enter the sheath interior or lumen, and that urine and other possible contaminants cannot contact the insertable portion of the catheter. Preferably a lubricant, such as K-Y Jelly™ or a wetting agent is contained inside the sheath and/or in a catheter tip cover, or the like, if provided. The sheath/catheter attachment advantageously prevents the lubricant or wetting agent from mixing with the urine and possibly skewing urinalysis results.

[0039] In FIG. 4, a modified version of the assembly of FIG. 3 is shown, comprising catheter 10 with outlet 34 and insertion stop location 26f, and sheath 40f having lumen 41f. In this configuration, the assembly 1c also includes an extension or pour spout 60, with urine outlet 62, to facilitate obtaining a sterile urine specimen from the catheter outlet 34. Extension 60 may be formed together with closure or band 50f, or it may be provided separately and snapped over band 50f and held in place by friction fit, or other suitable attachment method. Free end 36f is outside sheath 40f, but is enclosed in extension 60. In some situations, extension 60 may be preferred for resting on the edge of the collection container to drain the exiting urine.

[0040] Referring now to FIG. 5A, another embodiment of the sheathed catheter assembly includes an attached urine collection receptacle. The urine receptacle or bag is preferably made of a flexible, water-proof material (e.g., plastic) and is sized to hold a volume of urine in the range of 700-2000 mL, preferably about 1000 mL. The urethracontacting end of the assembly may be of any suitable configuration. Free end 36g of catheter 10 is similar to any of those illustrated in FIGS. 1A-C and 3, and described above. In representative assembly 1g in FIG. 5A, bag 90 has a terminus 92g which is attached to catheter 10 at bag attachment point 13g, which, in this instance, substantially

coincides with attachment point 12g (of sheath 40g) on catheter 10. A collar or band 50g may be included to secure the water-tight attachment of sheath 40g, collection bag 90 and catheter 10. In this assembly, the free end 36g, having a urine outlet 34, is inside the lumen 94g of urine receptacle 90g. Lumen 94g is not in fluid communication with lumen 41g of sheath 40g.

[0041] The design of assembly 1g in FIG. 5A may be varied somewhat, as shown in FIG. 5B. Assembly 1h is configured so that a portion of the free end is not enclosed in urine collection bag 90h. In this embodiment, section 38hof free end 36h is exposed (i.e., not enclosed in either sheath 40h or bag 90h), to facilitate manipulation of the free end and of the urine collection bag 90h. Accordingly, bag attachment point 13h is spaced apart from attachment point 12h on catheter 10. Still another representative catheter assembly 1i, with attached urine collection bag 90i, is shown in FIG. 5C. A drainage tube 100i is attached at end 102i to bag 90i at drainage port 96i, which is spaced apart from catheter outlet 34. Outlet end 104i of tube 100i is releasably retained in holder 98i on bag 90i, to maintain sterility of end 104i. A closure 106i is attached to tube 100i between ends 102i, 104i and is capable of being operated to either prevent or permit urine flow urine flow from lumen 94i bag 90i to outlet end 104i.

Catheterization Kit

[0042] As shown in FIG. 6, a representative catheterization kit ("cath kit") 70 that is particularly useful for hospital inpatient catheterizations includes a sheathed catheter assembly 72, representative of those described above and shown as 1a-f of FIGS. 1-4. For example, sheathed catheter assembly 72 may include an introducer 77, catheter 73, and sheath 75 attached at one end 76 to the catheter and at the opposite end to the introducer 77, if present. The free end 74 of catheter 73 is not covered by sheath 75. In addition to the sheathed catheter assembly, the kit preferably also contains a packet of antiseptic swabs 79 (e.g., three swabs saturated with Betadine, Povidone-Iodine or other suitable antiseptic), disposable gloves 80, small urine specimen bottle (with cap) 78, and a tray 71 that holds these supplies and also serves as a urine collection container and has a capacity in the range of 700-2000 mL, preferably about 1000 mL. Preferably a fenestrated drape is also included in the kit. A gauze pad may also be included in the kit as a convenient wipe at the end of the procedure. The kit components are protected by a sanitary wrapper or cover 82. All kit components are preferably disposable.

[0043] Notably absent from the present kit, however, are the customary liquid antiseptic packet, cotton balls, tray for cotton balls, forceps, and packet containing lubricating jelly. In some embodiments, the fenestrated drape is also omitted from the kit without compromising sterile technique. The conventional waterproof absorbent pad is also unnecessary, as it was often included in the past primarily to provide a sterile field for placement of the sterile jelly. Preferably, the lubricant is provided within the catheter assembly. For example, a lubricating amount of sterile lubricant may be present inside the sheath lumen, or inside an introducer (FIG. 1C). Alternatively, the catheter may be a lubricated hydrophilic type as is known in the art, in which case the lumen and/or an introducer of the catheter assembly may contain an aqueous wetting agent. A drawback of conven-